_____is noted to have flattening on the sides of his/her head. Please complete the following positional recommendations to promote proper head shaping.

___ Position baby's head with "frog" positional device when swaddled in open crib.

___ Alternate baby's head position during sleep from left to right sides.

___ When holding baby, ensure that pressure is on back of head, not on the side to promote rounding.

___ When baby is on back, make sure head is in midline, not rolled to one side or the other.

___ When the baby is in the bouncy seat or swing, use blanket/towel roles or "frog" positional device to keep head in midline.

~Questions?
Call Lisa OT 717-1676, Ryan OT 717-1654, or Kendra PT 717-1686