

What is Erb's Palsy?

Erb's Palsy is a paralysis of the arm typically resulting from an injury to the nerves in the shoulder (brachial plexus) at birth.

Treatment

Typical treatment involves occupational or physical therapy to exercise the affected extremity. In most instances, full recovery can be expected. Therapy and close monitoring are essential, however, for the best results.

Occupational/Physical Therapy

- Education for parents
- Continual monitoring and therapy services as needed during your infant's stay

- Active or active assisted exercise or range of motion for your baby
- Splinting to prevent muscle contractures if necessary
- Development of a plan of care and/or a home exercise program for your baby
- Assistance with follow-up care upon discharge if needed